



Blessed Sacrament School Little Knights FAQs

What programs are offered at BSS?

The Little Knights program offers a Preschool program that serves ages three and four and a Pre-Kindergarten program that serves students age four and five who are entering Kindergarten the following school year. Our school year begins in late August and ends in late May.

Full-day Little Knights Preschool:

Hours: 7:45 a.m.-3:00 p.m. with early arrival program available at no charge from 7:15 – 7:45 a.m.

5 days Tuition: \$7,095 Enrollment Fee: \$265

For an additional fee, there is an after-school care program available from 3:00 p.m. – 6:00 p.m.
For information about the after-school program, please contact our After School Director.

Half-day Little Knights Preschool:

Hours: 7:45 a.m.-12:00 p.m. with early arrival program available at no charge from 7:15 – 7:45 a.m.

5 days Tuition: \$4,795 Enrollment Fee: \$265

Full-day Pre-Kindergarten:

Hours: 7:45 a.m.-3:00 p.m. with early arrival program available at no charge from 7:15 – 7:45 a.m.

5 days Tuition: \$7,095 Enrollment Fee: \$265

For an additional fee, there is an after-school care program available from 3:00 p.m. – 6:00 p.m.
For information about the after-school program, please contact our After School Director.

Half-day Little Knights Pre-Kindergarten:

Hours: 7:45 a.m.-12:00 p.m. with early arrival program available at no charge from 7:15 – 7:45 a.m.

5 days Tuition: \$4,795 Enrollment Fee: \$265

Students enrolling for 5 days have first priority for available openings.

Will I be asked to send in school supplies?

In each of the classes, you will be asked to send in some basic supplies such as crayons, scissors, glue, tissues, etc. The list of supplies varies depending on the class in which you are enrolled. The admissions office will make it available.

How old does my child need to be to attend the Little Knights program at BSS?

What is the birthday cut off for the program?

In order to enroll in Preschool, children must be 3 years old before August 31st of the school year. In the Pre-Kindergarten program, children must be 4 years old on or before August 31st of the academic year they will enter school.

How many children are in each class? What is the student: teacher ratio?

Preschool: Up to 18 children with two teachers.

Pre-Kindergarten: Up to 15 children with one teacher. Up to 23-24 children with two teachers.

Do children have to be potty trained? Can children wear “Pull Up” Diapers?

All children entering the Little Knights program must be completely toilet trained. Pull Ups or diapers of any kind are not permitted in the classroom. At Blessed Sacrament School *potty trained* is defined as having less than 1 accident every two weeks. During the first weeks of school, if your child has more than 2 accidents a week, 2 weeks in a row, we will ask your child to take the next 2 weeks to get fully potty trained. Upon return, we will need your child to be accident-free for the next two weeks.

Can I get a tour of the facility?

Yes, our Admissions Director is happy to schedule a tour of the Little Knights program for you. You are welcome to bring your child with you when you visit the school. Contact José Rico Benavides, Director of Admissions for a tour.

Can I come and observe the classrooms?

Safety is our top priority here at BSS. We are not allowing outside students to come and observe the class for the day. However, you can schedule a time for your child to join the Little Knights as they do their Circle Time. If you or your child are sick, please let us know. We can always reschedule. You can contact Mr. Rico at admissions@bssknights.org.

Do you provide snacks or lunch for the children?

In the Preschool and Pre-Kindergarten program, children should bring 1 snack and a drink for morning snack time.

Full-day Preschool and Pre-Kindergarten students may either bring lunch from home or they may buy lunch offered through the My Hot Lunchbox program.

- In order to provide a safe experience for all of our students, snacks eaten in the Little Knights classroom need to be peanut free. Lunch and snacks eaten in the After School Room (ASR) may include peanut butter.

If I enroll at BSS, is my child automatically accepted into the Kindergarten class?

Admission to Kindergarten at Blessed Sacrament School requires a separate application process. Parish affiliation, involvement, participation, and support (time, talent, and treasure), the status of siblings, and preschool enrollment are all factors that may be considered when accepting students applying for Kindergarten at BSS.

What if my child has food allergies?

The teachers and staff of BSS are very aware of the serious nature of many food allergies. If your child has food allergies, you will be asked to fill out an Allergy Action Plan for him/her. If your child must have an Epi-pen or Benadryl on hand in case of an allergic reaction, you will be asked to provide 2 Epi-pens to keep on campus. (1 in the classroom, 1 in the nurse's office) A BSS Medical Form detailing dosing instructions and signed by a physician must be on file for each medication.

Do the children in the Little Knights programs wear uniforms?

Little Knights DO NOT wear uniforms but must follow safety rules concerning some clothing items.

What kind of curriculum is used in the Little Knights program? What types of things/activities do they do?

Our main goal is to create a safe and nurturing environment where young children can learn and explore. We believe that a basic understanding of the beauty of God's creation and of His unending love and forgiveness for all people helps to set young children on a positive path for friendships, behavior, and knowledge of their own self-worth.

Weekly activities in the classrooms include arts and crafts, music, Spanish through songs, movement, alphabet and number activities, science and sensory activities, dramatic play, block play, writing activities, and manipulative toys such as puzzles and peg boards. In both the preschool and prekindergarten programs, there is significant emphasis placed on social skills and language skills.

The Little Knights program at BSS follows the curriculum guidelines developed by the Diocese of Raleigh. Classroom teachers use the teaching methods and activities that they have found to be most effective with their age group as they address each of the curriculum standards set forth by the diocese. The Diocesan Curriculum for Early Childhood Programs includes activities and skills for each developmental area in which children learn and grow. These areas include spiritual, social, emotional, cognitive, language and physical motor skills. An overview of the Diocesan curriculum guidelines for Early [Childhood programs is available on line at: https://dioceseofraleigh.org/sites/default/files/inline-files/ECC-PS-Standards-2021.pdf](https://dioceseofraleigh.org/sites/default/files/inline-files/ECC-PS-Standards-2021.pdf)

What about religion? Do the children attend Mass?

The children in both the preschool and prekindergarten classes use a religious curriculum that includes many activities and stories designed to help young children appreciate the beauty and wonder of God's Creation and His love for all living beings.

We have a weekly Friday mass that all of our school community attends. We usually have it at the Lady of the Angels Center which is located a couple of blocks from our school property. The Little Knights students are participating in mass if it happens on our school property. In a few cases, Little Knights walk to the middle school campus.

Do the full-day students take a nap?

The children in the full-day Little Knights classes have rest time scheduled each day for approximately 1 hour. The children are asked to rest quietly on their mats, but they are not required to sleep during this time.